Pam's Beans (Pam Keck, 1977)

2 large cans B&M baked beans
1 lb. ground beef
1 large onion, chopped
½ to ¼ c. ketchup
2 T. worcestershire sauce
½ to ¼ c. brown sugar

Preheat oven to °350. Saute meat and onion, add salt and pepper to taste. Pour off grease and add beans, ketchup, worcestershire sauce and brown sugar. Mix and pour into baking dish and bake for 20 to 30 minutes. Top with cheese last few minutes of baking time. Or mixture can be poured into a saucepan and cooked on the stove top.